



Roller Sports Canada
Rules for RSC Speed: 2013 and Beyond
March 2013 Edition, Communicated March 2013 via e-mail & online
Effective immediately upon publication
Developed by the RSC Speed Committee
Please report errors, omissions: newsletter@rollersports.ca

Brief Summary of Some Changes for March 2013

- Youth categories (Mini, Primary, Juvenile, Freshmen): Age gaps changed and distances shortened. Mini category created.
- Added Open Category for Junior, Senior, Master, Grand Master: all groups will skate distances for Age Category (200m or 300m, 500, 15km or 20km elimination) as well as Open Category (200m or 300m, 1000m, 10km points or 10km points & elimination)
- Changed points system, based on the number of participants in each distance.
- Individual time trial (200m or 300m) earns points for Age Category and Open Category for Junior, Senior, Master and Grand Master, contested one time as a distance with a dual designation.
- Funded Athletes from Nationals: Placements calculated by adding 70% of points in Open Category (200m/ 300m individual time trial, 1000m, 15km elimination/ 20km elimination) and 30% of points in Age Category (500m, 10km points/ 10km points & elimination).
- Open Category 1000-meters: seeding and formation of heats based on Individual Time Trial.
- Open Category 10km points/ 10km points & elimination: groups based on results in 1000-meter (Open) and 15km or 20km elimination.
- Defined track and road course.
- Created 'Introduction' category for first year and beginning skaters and elimination of 'Intermediate' category.
- National Team and Canadian World Team defined. National Team is based on the combination of 70% points earned in Open Category and 30% points earned in Age Category.

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ADDITIONAL SECTIONS WILL BE PUBLISHED IN UPDATED VERSIONS

SECTION 1: RULEBOOK REVISION & VERSION

Rulebook Revision: These updated rules will serve as the most current version to the rules of racing and Speed for Roller Sports Canada. Please consult rollersports.ca for the most current version of the rules for RSC Speed.

The Speed Committee will continue to update and review this document in order to phase out the following document: Roller Sports Canada Speed Skating Rule Book 2005 – Revision 2 May 2011 or current version.

The process of updating and reviewing the Rules for RSC Speed: 2013 and Beyond is entrusted to the RSC Speed Committee. This task includes a thoughtful review of what works well and what needs to be changed, careful attention to the state of affairs of roller & inline speed skating in Canada, implementation that considers the long-term health and growth for speed, good documentation of internal workings (notes, minutes, communications), and a strong use of communicating changes and updates as far in advance as possible when possible via website, e-mail and social media. The process to update and review of the Rules for RSC Speed: 2013 and Beyond will be ongoing.

Rulebook Version: Outdoor Speed Skating Rules: Roller Sports Canada (RSC) Speed Rules include the use of and are referenced for Outdoor Speed Skating in the following order:

- 1st: Rules for RSC Speed: 2013 and Beyond
- 2nd: Roller Sports Canada Speed Skating Rule Book 2005 – Revision 2 May 2011 or current version
- 3rd: Comité International de Course (CIC) – the International Speed Skating Committee – current version
- 4th: United States of America Roller Sports (USARS) – current version

SECTION 2: OUTDOOR ROAD & TRACK CATEGORIES & DISTANCES

Category	Open Distance #1	Open Distance #2	Open Distance #3
Open Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	1000-meter	10 kilometre points & elimination (track) or 10 kilometre points (road)

Category	Age Distance #1	Age Distance #2	Age Distance #3	Age Distance #4	Age Distance #5
Mini 8 years old and under Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	200-meter or 300-meter, skate the distance NOT skated in the time trial	100-meter	400-meter	500-meter
Primary 9-10 years old Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	200-meter or 300-meter, skate the distance NOT skated in the time trial	100-meter	500-meter	1000-meter
Juvenile 11-12 years old Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	200-meter or 300-meter, skate the distance NOT skated in the time trial	500-meter	1000-meter	5 kilometre points
Freshmen 13-14 years old Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	200-meter or 300-meter, skate the distance NOT skated in the time trial	500-meter	1000-meter	5 kilometre points
Junior 15 years old to 19 years old Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	500-meter	15 kilometre (track) or 20 kilometre (road) elimination		
Senior 15 years old and over Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	500-meter	15 kilometre (track) or 20 kilometre (road) elimination		
Master 36 years old and over Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	500-meter	10 kilometre elimination		
Grand Master 46 years old and over Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	500-meter	10 kilometre elimination		

Female					
Veteran 56 years old and over Male & Female	300-meter individual time trial (track) or 200-meter time trial (road)	500-meter	1000-meter	5 kilometre points	10 kilometre elimination
Introduction Male & Female - first year competing in RSC Event	300-meter individual time trial (track) or 200-meter time trial (road)	500-meter	1000-meter	2 kilometre points	5 kilometre elimination
<ul style="list-style-type: none"> The age of the participant on December 31st of the current competitive year will be used to designate the age category for the participant. Race distances, including rankings, heats, classifications, seeding, determination of points and eliminations and infractions, will be run as per the RSC & CIC rulebooks. First-time participants of RSC events in Freshmen and older age categories will compete in the 'Introduction' category. Participants who are of lesser experience and/ or calibre will also be allowed to enter the 'Introduction' category. The RSC Speed Committee reserves the right to make an exception to this rule for a participant who demonstrates adequate competitive experience(s) in the designated section of the registration form. Individual Time Trial (200m/ 300m): Participants will complete the distance one time, and will not be required to complete the distance twice. The Individual Time Trial has a dual designation, earning participants points and rankings in both Age Category (Junior, Senior, Master, Grand Master) and Open Category. Junior, Senior, Master and Grand Master age-category participants will also compete in two Open Category Distances for a total of five distances for the event. 					

SECTION 3: SCHEDULE OF EVENTS, COMBINING OF CATEGORIES

1- Practice Day: The organizers (Club/ Committee/ Group/ Business/ Individuals) of the Canadian Championships will make every reasonable attempt to secure permits/ permission for use of the venue(s) for the purpose of providing registered participants the opportunity to practice at the competition venue.

2- Inclement Weather: The organizers (Club/ Committee/ Group/ Business/ Individuals) of the Canadian Championships will make every reasonable attempt to secure permits/ permission for use of the venue(s) outside of the regular schedule of competition in the event of inclement weather (rain, excessive winds, temperatures, etc) that makes for unsafe conditions during the regular schedule. This period, which may include an additional day of competition will be known as the inclement weather schedule. Officials will make every reasonable effort to hold, equitably, distances for all categories, and will make their best efforts to modify the schedule of events to allow for maximum safety and competitive experience.

3- Combining of Categories: Officials reserve the right to combine categories when distances of these categories are the same. This will be done with the aim of providing a more authentic competitive experience. When combining distances, officials will take into account i) the number of athletes in each category, 2) the speed differential between skaters of different categories, iii) the experience level between skaters of different categories, iv) an additional safety considerations. The combination of categories can be declared for the entire competition or may just be for a single distance. The decision to combine categories will be announced as soon as reasonably possible, preferably two hours prior to the start of the distance. Categories may be combined by age and/ or gender.

4- Event Schedule

Day 1 Schedule

1- All age/ open category: time trial- qualifying and finals

2- Age category: Distance #3

3- Open category: Distance #2 (1000-meter for Open: Junior, Senior, Master, Grand Master)

4- Age category: Distance #5

* Age categories will be run from 'oldest' to 'youngest' with females first and males second

* Open categories will be run with the fastest category competing last with females first and males second

Day 2 Schedule

1- Age category: Distance #2

2- Open category: 10km points/ points & elimination for Open: Junior, Senior, Master, Grand Master)

3- Age category: Distance #4

* Age categories will be run from 'oldest' to 'youngest' with females first and males second

* Open categories will be run with the fastest category competing last with females first and males second

SECTION 4: OPEN CATEGORY

Definition of Open Category: Participants in the following Age Categories will participate in Open Category distances: Junior, Senior, Master and Grand Master.

Individual Time Trial Open Category (200-meters (road), 300-meters (track)): All participants will compete in the individual time trial. The final time of each participant's individual time trial will serve to rank participants, men and women separate from each other. Points, which are based on the points table in this document, will be allocated to each participant.

Participants will perform a draw before the start of the competition to determine the starting order.

1000-meter Open Category: There will be a maximum number of 8 skaters in each round (qualifier/ heat/ quarter-final, semi-final and final) for Open Category 1000-meter.

The Open Category 1000-meter will feature qualifying rounds, with all participants ranked and placed in groups using the serpentine method, based on the individual time trial, with men and women separate from each other. (For example, if there are two heats, 1st place (P1) will be placed in heat 1 (H1), P2 H2, P3 H2, P4 H1, P5 H1, P6 H2, P7 H2, P8 H1 etc. If there are four quarter-finals, P1 H1, P2 H2, P3 H3, P4 H4, P5 H4, P6 H3, P7 H2, P8 H1, P9 H1, P10 H2, P11 H3, P12, H4, P13 H4, P14 H3, P15, H2, P16 H1 ect.)

Choice of lane for the first round of the 1000-meters will be based on the individual time trial, where the participant with the fastest qualifying time will have first choice of lane.

Choice of lane for following rounds will be given to participants in the following order: fastest winner in the previous qualifying round, second fastest winner in the previous qualifying round, fastest second placement in the previous qualifying round, seconds fastest second placement in the previous qualifying round, followed by time ranked participants (who are outside of the top-2 of previous qualifying rounds).

8 or less participants: Direct entry into the A final for placements 1-8.

9-16 participants: Two semi-finals, with the winning finisher of each semi-final qualified for the A final, plus the next six fastest times for placements 1-8. Next eight times are qualified for the B final for placements 9-16.

17-24 participants: Four quarter-finals, with the winning finisher of each quarter-final qualified for the A semi-final, plus the next twelve fastest times. Skaters ranked 17-24 in the 1000-meter times will make up the C final for placements 17-24. Two A semi-finals will then be run, with the winning finisher of each semi-final qualified for the A final, plus the next six fastest times for placements 1-8. The next eight fastest times qualify for the B final for placements 9-16.

25 participants or more: The top-24 in the 300-meter time trial will be eligible to participate in the quarter-finals. In the quarter finals, the winning finisher of each quarter-final qualified for the A semi-final, plus the next twelve fastest times. Skaters ranked 17-24 in the 1000-meter times will make up the C final for placements 17-24. Two A semi-finals will then be run, with the winning finisher of each semi-final qualified for the A final, plus the next six fastest times for placements 1-8. The next eight fastest times qualify for the B final for placements 9-16. Skaters ranked 25th and lower will make up additional finals (D, E, F, etc) for placements 25th and lower. with a maximum of eight skaters on the line.

10 kilometre Points/ 10 kilometre Points & Elimination Open Category:

There will be a maximum of 35 skaters on the line for each group.

Open Category A: To access this competition, participants will be required to fulfil one of the following criteria:

- Participants from the A and B finals (places 1-16) of the Open Category 1000-meters who are within 10% of the winning time of the 1000-meter A-final (NB: byes may be awarded for those participants who have either fallen, been 'fouled' or have been penalized during the running A & B finals. Officials will make their ruling based on the participant's prior performance(s) in the competition).
- Top-5 finishers from each of the Junior and Senior elimination races who are within 10% of the competition's fastest elimination race winner's time (Same bye process as above will apply).
- Top-3 finishers from each of the Masters and Grand Masters elimination races who are within 10% of the competition's fastest elimination race winner's time (Same bye process as above will apply).
- When the above criteria makes it so there are 32 participants in the Open Category A (all spots have been filled), then three positions may be available at the ruling of the officials. Within a reasonable time (3-hours) so the officials can handle the situation, coaches of those (or participants if no coaches are available) who wish to be eligible for one of these positions will submit, in

person, their intention for consideration to participate. Officials will make their ruling based on the participant's prior performance(s) in the competition.

- When the above criteria makes it so there are less than 32 participants in the Open Category A (not all spots have been filled), the remaining positions (up to 32) may be available at the ruling of the officials. Officials will make their ruling based on the participant's prior performance(s) in the competition.
- NB: Time standards will be separate for the male and female participants.

Open Category B: To access this competition, participants will not have qualified for the Open Category A, and participants will be required to fulfil one of the following criteria and none of the qualification criteria for the Open Category A:

- Participants from A and B finals (places 1-16) of the Open Category 1000-meters who fall outside (above) of 10% of the 1000-meter A-final winner's time and who have not been moved up due to a bye.
- Participants from the C and D finals (places 17-32) of the Open Category 1000-meters who are within 10% of the winning time of the 1000-meter C-final (NB: byes may be awarded for those participants who have either fallen, been 'fouled' or have been disqualified during the running A & B finals. Officials will make their ruling based on the participant's prior performance(s) in the competition).
- Finishers from the top-5 in Junior and Senior eliminations and the top-3 in Masters and Grand Masters elimination races who were not qualified for Open Category A due to finishing outside of the 10% time standard.
- Finishers 6th through 10th from each of the Junior and Senior elimination (Same bye process as above will apply).
- Finishers 4th through 6th from each of the Masters and Grand Masters elimination races (Same bye process as above will apply).
- When the above criteria makes it so there are 32 participants in the Open Category B (all spots have been filled), then three positions may be available at the ruling of the officials. Officials will make their ruling based on the participant's prior performance(s) in the competition.
- When the above criteria makes it so there are less than 32 participants in the Open Category B (not all spots have been filled), the remaining positions (up to 32) may be available at the ruling of the officials. Officials will make their ruling based on the participant's prior performance(s) in the competition.
- In the event more than 35 skaters are qualified for the Open Category A based on the above criteria, those who are qualified with performances, placements, or times from the longest distance race will be given priority to compete in Open Category B. In this situation, participants qualified only by 1000-meter times will then be moved (bumped) to the Open Category C.

Open Category C and Beyond: To access this competition, participants will not have been qualified for the Open Category A or Open Category B. Each group additional group (C, D, etc) will see maximum of 35 participants take to the start:

- The next 16 skaters from the 1000-meter Open Category ranking (by finishing time) who are not qualified for the Open Category A or Open Category B.
- The next 5 finishers from each of the Junior and Senior elimination.
- The next 3 finishers from each of the Masters and Grand Masters elimination.
- Three possible additional positions made available at the ruling of the officials.

Freshmen & Veteran Moving Into Open Category: Those who are of age to participate in the Veteran Age Category wishing to skate Open Category will need to register in one of the following Age Categories: Senior, Master, or Grand Master, and will participate and be ranked in the corresponding Age Category

Those who of age to participate in the Freshmen Age Category and who wish to skate Open Category will make application to do so on their registration form. The application will be reviewed by the Speed Committee and the participant as well as the participant's parent(s)/ legal guardian(s) and coach(es) and will be contacted prior to the start of the competition and be informed about the decision by the Speed Committee. If a participant of the Freshmen Age Category is approved to participate in the Open Category, the participant will participate and be ranked in the Junior Age Category. The participant who is moves from Freshmen to Junior is authorized to return to her/ his corresponding age category after the competition is over.

SECTION 5: POINTS RACES, FINISH, ELIMINATION RACES, COMBINED POINTS & ELIMINATION, YOUTH DISTANCE RACES

Points Races: Awarding of Points: Two points (2) will be awarded to the first place participant and (1) one point to the second place participant of each and every lap, except for the final lap that will see the first place participant receive 3 points, second place participant receive 2 points and the third place participant receive 1 point.

Points will be awarded every lap in a points race, whether held on a road course or on a track.

Final Ranking for a points race will be determined by A) the Points total of all participants from highest to lowest, and then B) all participants without points who complete the race, in order of finishing time, and then C) order of elimination, D) order of disqualification.

A participant forfeits all points when the participant does not finish or complete the race. If there is a tie in points among two or more participants, the order of finish will be decided by the finishing order of the participants in question at the finish line in the last lap.

Determining Finish: The finish (for points and for final placement) will be determined by the leading tip of the first wheel of the leading skate touching ground at the finish (if the lead skate is off the ground, then the leading tip of the first wheel of the back skate will be used to determine the placement & time).

Elimination Races: This competition is carried out through direct elimination of one or more competitors on a prescribed lap (indicated by the ringing of a bell) on one or more fixed points of the course until five participants remain. The elimination is determined by the last point of the last skate to cross the finish-line on an elimination lap. The final elimination, leaving five participants to contend for the top-5 positions, will take place with three laps to go on a track, or on the final lap of a road course. Beyond that, skaters will be eliminated every two laps on a track, or every lap on a road course.

Combined Points and Elimination: This is a combination of the points and elimination races. It consists of eliminating the last participant and in assigning points to the first two skaters in certain laps with sprints for elimination in one lap and points awarded in another lap.

Two points (2) will be awarded to the first place participant and (1) one point to the second place participant of each and every point lap.

The final elimination, leaving five participants to contend for the top-5 positions, will take place with three laps to go on a track, or on the final lap of a road course.

The final lap that will see the first place participant receive 3 points, second place participant receive 2 points and the third place participant receive 1 point.

Final Ranking for a points and elimination race will be determined by A) the Points total of all participants from highest to lowest, and then B) all participants without points who complete the race, in order of finishing time, and then C) order of elimination, D) order of disqualification.

If there is no elimination because of a withdrawal or fall of one or more skaters, the bell will ring to indicate there is a sprint for points and the next elimination will follow the corresponding schedule of elimination.

Youth (Freshmen and younger) Distance Races: For youth skaters (Freshmen and younger), distance races (800-meters or longer) will be run as a mass-start event, with a maximum of 25 participants at a time. When there are 25 participants or more, officials may designate two (or more groups) with grouping based on the individual time trial.

SECTION 6: SPRINT RACES (AGE CATEGORY)

Individual Time trial (200-meter or 300-meter): Qualifying heats for Age Category time trial events will be held when 12 or more participants complete the time trial. Those whose time trial places them in the top-5 in their Age Category will be qualified for the time trial finals, which will determine the top-5 placements.

For the purpose of the Open Category time trial ranking, a participant's best time for the time trial will be used.

Youth: Freshmen and younger: Sprint races (group races) include distances less than 500-meters. These group sprints will be run as straight finals, with grouping based on the individual time trial. No more than 5 skaters will be allowed to skate at a time in Youth (Freshmen and younger) Categories.

Junior & Older: The Age Category 500-meter will feature qualifying rounds, with all participants ranked and placed in heats using the serpentine method, with the ranking coming from the results of the individual time trial. (For example, if there are two heats with eight skaters, 1st place (P1) will be placed in heat 1 (H1), P2 H2, P3 H2, P4 H1, P5 H1, P6 H2, P7 H2, P8 H1 etc. If there are four quarter-finals, P1 H1, P2 H2, P3 H3, P4 H4, P5 H4, P6 H3, P7 H2, P8 H1, P9 H1, P10 H2, P11 H3, P12, H4, P13 H4, P14 H3, P15, H2, P16 H1 etc.)

Choice of lane for the first round of the 500-meters will be based on the individual time trial, where the participant with the fastest qualifying time will have first choice of lane.

Choice of lane for following rounds will be given to participants in the following order: fastest winner in the previous qualifying round, second fastest winner in the previous qualifying round, fastest second placement in the previous qualifying round, time rank (those outside of the top-2 finishers of previous qualifying rounds) with the fastest given next choice.

4 or less participants: Direct entry into the A final for placements 1-4.

5-8 participants: Two semi-finals, with top-2 finishers of each semi-final qualified for the A final for placements 1-4. Next four participants are qualified for the B final for placements 5-8.

9-12 participants: Three quarter-finals, with top-2 finishers of each quarter-final qualified for the A semi-final, plus the next two fastest times. Skaters ranked 9-12 (outside of the top-2 and with the bottom four times in the previous 500-meter round) will make up the C final. Two A semi-finals will then be run, with top-2 finishers of each A semi-final will be qualified for the A final for placements 1-4. The participants who do not qualify for the A final will be qualified for the B final for placements 5-8.

13-16 participants: Four quarter-finals, with top-2 finishers of each quarter-final qualified for the A semi-final. Skaters ranked 9-12 and 13-16 ranked by time will make up the C and D finals for placements 9-12 and 13-16. Two A semi-finals will then be run, with top-2 finishers of each A semi-final will be qualified for the A final for placements 1-4. The participants who do not qualify for the A final will qualify for the B final for placements 5-8.

17 participants of more: Four quarter-finals, with top-2 finishers of each quarter-final qualified for the A semi-final. Skaters ranked 9-12 and 13-16 ranked by time will make up the C and D finals for placements 9-12 and 13-16. Two A semi-finals will then be run, with top-2 finishers of each A semi-final will be qualified for the A final for placements 1-4. The participants who do not qualify for the A final will qualify for the B final for placements 5-8. Those ranked 17th and lower will make up additional finals (E, F, G, etc) for placements 17th and lower with a maximum of four skaters on the line.

1000-meter Age Category: There will be a maximum number of 8 skaters in each heat/ round/ quarter-final, semi-final and final for Age Category 1000-meter.

The Age Category 1000-meter will feature qualifying rounds, with all participants ranked and placed in groups using the serpentine method, based on the individual time trial, with men and women separate from each other. (For example, if there are two heats, 1st place (P1) will be placed in heat 1 (H1), P2 H2, P3 H2, P4 H1, P5 H1, P6 H2, P7 H2, P8 H1 etc. If there are four quarter-finals, P1 H1, P2 H2, P3 H3, P4 H4, P5 H4, P6 H3, P7 H2, P8 H1, P9 H1, P10 H2, P11 H3, P12, H4, P13 H4, P14 H3, P15, H2, P16 H1 ect.)

Choice of lane for the first round of the 1000-meters will be based on the individual time trial, where the participant with the fastest qualifying time will have first choice of lane.

Choice of lane for following rounds will be given to participants in the following order: fastest winner in the previous qualifying round, second fastest winner in the previous qualifying round, fastest second placement in the previous qualifying round, seconds fastest second placement in the previous qualifying round, followed by time ranked participants (who are outside of the top-2 of previous qualifying rounds).

8 or less participants: Direct entry into the A final for placements 1-8.

9-16 participants: Two semi-finals, with winning finisher of each semi-final qualified for the A final, plus the next six fastest times for placements 1-8. Next eight times are qualified for the B final for placements 9-16.

17-24 participants: Four quarter-finals, with the winning finisher of each quarter-final qualified for the A semi-final, plus the next twelve fastest times. Skaters ranked 17-24 in the 1000-meter times will make up the C final for placements 17-24.. Two A semi-finals will then be run, with the winning finishers of each A semi-final will be qualified for the A final, plus the next six fastest times for placements 1-8. The next eight fastest times qualify for the B final for placements 9-16.

25 participants of more: The top-24 in the 300-meter time trial will be eligible to participate in the quarter-finals. In the quarter finals, the winning finishers of each quarter-final will be qualified for the A semi-final, plus the next twelve fastest times. Skaters ranked 17-24 in the 1000-meter times will make up the C final for placements 17-24. Two A semi-finals will then be run, with the winning finishers of each A semi-final qualified for the A final, plus the next six fastest times for placements 1-8. The next eight fastest times qualify for the B final for placements 9-16. Skaters ranked 25th and lower will make up additional finals (D, E, F, etc) for placements 25th and lower. with a maximum of eight skaters on the line.

SECTION 7: POINTS & AWARDS

Points System Based on the Number of Participants: Points will be awarded for each distance in every category for each participants who starts the given distance. The number of points available for individual distances will depend on the number of participants who start the each given distance.

- When only one participant takes to the start and the participant finishes without getting disqualified, he/ she will be awarded 1 point.
- When two participants take to the start line and those participants finish without getting disqualified, they will be awarded 2 points for 1st, 1 point for 2nd.
- When three participants take to the start line and those participants finish without getting disqualified, they will be awarded 3 points for 1st, 2 points for 2nd, 1 point for 3rd.
- When four participants take to the start line and those participants finish without getting disqualified, they will be awarded 4 points for 1st, 3 points for 2nd, 2 points for 3rd, 1 point for 4th.
- This points system will be applied to each individual distance and will be modified so the number of points to be awarded correspond to the number of participants who start each individual distance.

Points When Not Finishing: When a participant is unable to finish, he/ she will receive the number of points that correspond to that participant's finishing order.

Points When Disqualified: Upon disqualification, the disqualified participant will forfeit all points for the distance in which the participant is disqualified.

Bonus Points for top-5: Top-5 finishers in each individual distance will receive the following 'bonus' points for their finish:

- 1st- 0.5
- 2nd- 0.4
- 3rd- 0.3
- 4th- 0.2
- 5th- 0.1

Determining Age Category Champions: Points earned in each distance will be added to determine the overall rankings in each Age Category. Only the points earned in distances designated as Age Category distances will be used for the calculation for final rankings.

Determining Open Category Champions: Points earned in each distance will be added to determine the overall rankings in the Open Category. Only the points earned in distances designated as Open Category distances will be used for the calculation for final rankings.

Awards & Recognition: The top three in each Age Category and Open Category will be recognized at the end of the competition with medals, certificates, and/ or ribbons. The organizers (Club/ Committee/ Group/ Business/ Individuals) reserved the right to also recognize the top three finishers in individual distances and/ or Sprint & Distance categories with medals, certificates, and/ or ribbons.

SECTION 8: NATIONAL TEAM, CANADIAN TEAMS

National Team: The National Team will be defined as the top four male and female skaters of Open Category and Age Category. Ranking, which will be based on the total of a ratio of points earned in the Open Category distances and Age Category distances, will be determined with final point total being the sum of 70% of total final points earned in Open Category distances (300-meter, 1000-meter and 10km points/ 10km points/ elimination) and 30% of total final points earned in Age Category distances (300-meter, 500-meter, 15km elimination/ 20km elimination). The National Team members may be invited to participate in International events to represent Canada. Roller Sports Canada may provide financial and other supports to those athletes who demonstrate an effort to participate in inline & roller speed skating events.

Canadian Team: The Canadian Team will be defined as the skaters who, through the National Championships and/ or designated events by the RSC Speed Committee, actually represent RSC and Canada at international events, including (and not limited to)the Junior, Senior and Masters World Championships (road/ track/ marathon), the Pan American Games, the World Games as well as other events and competitions where qualification and participation is through RSC. Qualification to the National Team will be based on standards/ protocol determined and communicated by the RSC Speed Committee via available communication channel.

SECTION 9: TRACK, ROAD COURSE, MEASUREMENT

Track: A Track is defined as a race course within an outdoor or indoor facility provided with two straightaways of the same length and with two symmetrical bends having the same radius. The track surface may be made of any material, provided it is sufficiently smooth without hollows or fissures that compromise safety of skaters.. The total length of a track cannot be less that 125 meters or longer than 400 meters. The minimum width must be at least 5 meters.

Tracks may be perfectly level or with banking at the curves, with banking to be gradually and uniformly rising form the inside to the outside of the course. Straightaways may have banking in order to allow the introduction of curve banking. The starting and finish lines must be marked with a white line. External fencing as well as posts, light standards and other obstructions bordering the tracks must be protected through suitable materials in order to avoid dangers to the competitors due to their presence.

Road Course: A Road Course is defined as a race course within an outdoor or indoor facility consisting of an asymmetrical closed circuit. The track surface may be made of any material, provided it is sufficiently smooth without hollows or fissures that compromise safety of skaters. The total length of a track cannot be less that 250 meters or longer than 1000 meters. The minimum width must be at least 5 meters at any point in the course.

The starting and finish lines must be marked with a white line. External fencing as well as posts, light standards and other obstructions bordering the tracks must be protected through suitable materials in order to avoid dangers to the competitors due to their presence.

Measurement: Both on the track and on the road, the race course is measured 30 centimetres from the inner edge. This line is called the 'rope'.

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Roller Sports Canada
Rules for RSC Speed: 2013 and Beyond

